

APA 6th Edition Quick-View Sample Pages

<p>Running head: THE USE OF PRAYER IN COUNSELING 1</p> <p>1 inch margins on all sides, all pages.</p> <p>Text should be double-spaced. Single spacing can only be used as needed in tables or figures.</p> <p>Indent paragraphs and block quotations ½ inch.</p> <p>Font should be 12-pt Times New Roman.</p> <p>Do not justify text in the right margin.</p>	<p>Running head: THE USE OF PRAYER IN COUNSELING 1</p> <p>Running head is flush left in the header of every page. It is shortened title of max 50 characters, all capitalized.</p> <p>Page numbers flush right in the header.</p> <p>Title is concise in 12 words or less.</p> <p>The Use of Prayer in Counseling Kristin L. Swindle Regent University</p> <p>Keep the author's name uniform in all publications.</p> <p>Affiliation at time of study</p> <p>Title information stays in the top half of the page.</p>
<p>Running head: THE USE OF PRAYER IN COUNSELING 1</p> <p>The Use of Prayer in Counseling Kristin L. Swindle Regent University</p> <p>An Author's Note is only used for publication.</p> <p>Author Note</p> <p>Research conducted by Kristin L. Swindle, School of Psychology and Counseling, Regent University. Kristin L. Swindle is now at The University Writing Center, Regent University. This paper is referenced as a sample paper for use by the University Writing Center. Special thanks to Martin L. Dignard for reformatting this paper in the New Sixth Edition of The Publication Manual of the American Psychological Association. Correspondence concerning this paper should be addressed to The Regent University Writing Center, Student Center #117, 1000 Regent University Drive, Virginia Beach, VA 23464. Email: writing@regent.edu</p>	<p>Running head: THE USE OF PRAYER IN COUNSELING 2</p> <p>Abstract</p> <p>Because religion or spirituality is important to many people, mental health workers need to be aware of the issues surrounding each so that they will be able to help their clients. Prayer plays a large part in the lives of many religious people and is often a part of their therapy. Instead of ignoring the spiritual needs of their clients, mental health practitioners need to be aware of the ethical guidelines surrounding these issues. Also, they should be educated in when and how to incorporate spiritual treatment methods into therapy and then strive to remain updated on these topics.</p> <p>No indent</p> <p>Abstract heading is bold and centered on page.</p> <p>The Abstract is between 150-250 words, depending upon the publication requirements.</p>

APA 6th Edition Quick-View Sample Pages

Running head: THE USE OF PRAYER IN COUNSELING 3

The Use of Prayer in Counseling

Everyday, prayer is used in homes, workplaces, and schools across the world, but is it appropriate to use prayer in counseling? Many people who simply claim to be spiritual, or who believe that people use prayer as a means to deal with their anger (Gubi, 2001, p. 35), turn to clergy rather than counselors or psychologists (Fouque & Glachan, 2000, p. 49). Furthermore, two-thirds of Americans view religion as important in their lives; two-thirds also said that when dealing with a serious issue, they prefer to see a therapist who holds spiritual beliefs that spirituality and prayer are important in their lives (Fouque & Glachan, 2000, p. 49). Although research with clients is limited, spiritual and religious issues are commonly engaged in (Gubi, 2004, p. 464).

Christian Integration

The use of prayer is an important part of life, but the professional development of counselors should include full citation. Paraphrases and references should include full citation. Use 2 spaces after punctuation at the end of a complete sentence. For instance, the treatment of mental illness (J. Williams, personal communication, October 2006). Others take

The title of the paper is repeated for the introduction. It should be Centered & Uppercase (no bold).

Level 1 Headings are Centered, Bold, and in an Uppercase font.

Paraphrases and references should include full citation.

Use 2 spaces after punctuation at the end of a complete sentence.

For citations, put Author (Year) in text and (Page #) at the end or (Author, Year, Page #) at end.

40 or more words use block quotation style.

Level 2 Headings are flush left, Bold, and in an Uppercase font.

Lists can be bulleted, numbered, or lettered.

Ethical Use of Prayer

Abernethy et al. (2006) discussed a case example of when prayer was ethically used during a session with a 14-year-old client named Jamal, a 14-year-old African American male. Both clients were religious and believed in the power of prayer; this was the only reason that prayer was used as an intervention. The prayer that was discussed in this article was an ethically correct prayer for several reasons:

1. The prayer was consistent with the client's religious beliefs.
2. The terminology was adapted to the client's age and understanding.
3. It focused on positive aspects of the clients' relationship, such as unconditional love.
4. The prayer had a practical purpose—to bring Jamal and his aunt closer together.

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References

Abernethy, A. D., Houston, T. R., Mimms, T., & Boyd-Franklin, N. (2006). Using prayer in psychotherapy: Applying Sue's differential to enhance cultural competence. *Cultural Diversity and Ethnic Minority Psychology, 12*(1), 101-114. doi:10.1037/1099-9809.12.1.101

Corey, G., Corey, M. S., & Callanan, P. (2003). *Issues and ethics in the helping professions* (6th ed.). Pacific Grove, CA: Brooks/Cole Publishers.

Fincham, F. (2000). The current status and future directions of family relations. *Journal of Applied Family Studies, 33*(4), 415-427. Retrieved from http://www.ncfr.com/journals/family_relations/home.asp

Fouque, P., & Glachan, M. (2000). The impact of Christian counseling on survivors of sexual abuse. *Counseling Psychology Quarterly, 13*(2), 201-220. doi:10.1080/713658485

Garrett, J. C. (1994). The prayer of Francis of Assisi. *Values, 39*(1), 73-76. Retrieved from <http://www.ncfr.com/journals/values/home.asp>

Garzon, F., & Poloma, M. (2005). Theophistic Ministry: Preliminary practitioner survey. *Pastoral Psychology, 51*(5), 387-396.

Gubi, P. M. (2001). The use of prayer in counseling. *British Journal of Guidance and Counseling, 29*(4), 425-434. doi:10.1080/0306988012331303277

Gubi, P. M. (2004). Surveying the extent of prayer use in mainstream counseling. *Counseling, 32*(4), 461-476. doi:10.1080/03069880412331303277

References heading is bold, centered at top.

References are all double spaced with hanging indent.

List references alphabetically by the Author's Last Name, First Initial, Publication Year.

If separate Authors have the same Last Name and First Initial, provide their First Names in brackets. E.g., Smith, J. [John] and Smith, J. [Jane].

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References

Abernethy, A. D., Houston, T. R., Mimms, T., & Boyd-Franklin, N. (2006). Using prayer in psychotherapy: Applying Sue's differential to enhance cultural competence. *Cultural Diversity and Ethnic Minority Psychology, 12*(1), 101-114. doi:10.1037/1099-9809.12.1.101

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